



## "Allied Services Division"

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### **Job Description: Physical Therapist and Assistant**

The Licensed Physical Therapist evaluates, develops a plan and administers treatment programs for patients of all ages to optimize physical function, minimize pain, promote independence and provide education for safety at home, work and in the community. The Licensed Physical Therapist is accountable for the on-going data collection and documentation of all components of care delivered to customers.

### **Responsibilities:**

Assures quality patient care by performing accurate evaluations, developing a plan to address deficits/issues and implementing therapeutic interventions. Demonstrates proficient performance of interventions according to the scope of care. Documents all interactions and procedures according to department policies. Conforms to established productivity standards.

### **Qualifications:**

Education/Experience: Graduate of an accredited school of physical therapy.

Other qualifications/certificate/license: Current Physical Therapy License and current Basic Cardiac Life Support Certification.

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Signature

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Date



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### Physical Therapy – Self Assessment

Applicant Name \_\_\_\_\_

Level of Experience

0 – No Experience

1 – Limited

2 – Fair

3 – More than Average

4 – Proficient

General		Experience				Cont.		Experience					
<b>Orthopedic</b>						<b>Modalities/Manual Skills</b>							
1. Arthritis programs		0	1	2	3	4	1. Acuscope		0	1	2	3	4
2. Back syndromes		0	1	2	3	4	2. Biofeedback		0	1	2	3	4
3. Hand injury		0	1	2	3	4	3. Continuous passive motion machine		0	1	2	3	4
4. Hip fractures		0	1	2	3	4	4. Craniosacral therapy		0	1	2	3	4
5. Mobilization techniques		0	1	2	3	4	5. Cryotherapy		0	1	2	3	4
6. Neck injuries		0	1	2	3	4	6. Diathermy		0	1	2	3	4
7. Total hip/knee replacement		0	1	2	3	4	7. Electro – acupuncture		0	1	2	3	4
8. Total joint replacement upper extremities		0	1	2	3	4	8. Extremity mobilization		0	1	2	3	4
9. Transmandibular joint dysfunction		0	1	2	3	4	9. Fluidotherapy		0	1	2	3	4
<b>Neurologic</b>						<b>10. Hot/cold packs</b>							
1. Head trauma		0	1	2	3	4	11. Hydrotherapy		0	1	2	3	4
2. Neurosurgery		0	1	2	3	4	a. Hubbard tank		0	1	2	3	4
3. Spinal Cord injury		0	1	2	3	4	b. Therapeutic pool		0	1	2	3	4
4. Stroke rehabilitation		0	1	2	3	4	c. Whirlpool		0	1	2	3	4
a. Adaptive Equipment		0	1	2	3	4	12. Massage		0	1	2	3	4
b. Functional Splinting		0	1	2	3	4	13. Muscle energy techniques		0	1	2	3	4
<b>Sports Medicine</b>						<b>14. Muscle stimulation</b>							
1. Biodex		0	1	2	3	4	15. Myofascial release techniques		0	1	2	3	4
2. Bracing/joint immobilization		0	1	2	3	4	16. Neuro probe		0	1	2	3	4
3. Cybex		0	1	2	3	4	17. Paraffin		0	1	2	3	4
4. LIDO		0	1	2	3	4	18. Spinal mobilization		0	1	2	3	4
						<b>19. Strain/counter strain techniques</b>							
						<b>20. TENS</b>							



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- 5. Nautilus/Eagle 0 1 2 3 4
- 6. Orthotron 0 1 2 3 4
- 7. Strength and endurance training 0 1 2 3 4
- 8. Taping/strapping 0 1 2 3 4

### Prosthetics/Orthotics

- 1. Above knee prosthetics 0 1 2 3 4
- 2. Ankle foot orthosis 0 1 2 3 4
- 3. Below knee prosthetics 0 1 2 3 4
- 4. Dynamic splints 0 1 2 3 4
- 5. Gait analysis 0 1 2 3 4
- 6. Orthoplast/aquaplast 0 1 2 3 4
- 7. Resting splints 0 1 2 3 4
- 8. Serial inhibitory casting 0 1 2 3 4
- 9. Static splints 0 1 2 3 4
- 10. Upper extremity prosthetics 0 1 2 3 4

### Pediatrics

- 1. Cerebral palsy 0 1 2 3 4
- 2. Early intervention 0 1 2 3 4
- 3. Equipment assessment
  - a. Activities of daily living 0 1 2 3 4
  - b. Adaptive 0 1 2 3 4
- 4. Gross motor assessment tools 0 1 2 3 4
- 5. Learning disabled 0 1 2 3 4
- 6. Mental retardation 0 1 2 3 4
- 7. Neurodevelopmental treatment 0 1 2 3 4
- 8. Orthotics 0 1 2 3 4
- 9. Spina bifida 0 1 2 3 4

- 21. Therapeutic exercise/home programs 0 1 2 3 4
- 22. Traction
  - a. Cervical 0 1 2 3 4
  - b. Lumbar 0 1 2 3 4
- 23. Ultrasound 0 1 2 3 4
- 24. Vasopneumatic devices 0 1 2 3 4
- 25. Wound dressing 0 1 2 3 4

### Other

- 1. Burn management 0 1 2 3 4
- 2. Cardiac rehabilitation 0 1 2 3 4
- 3. Chest physiotherapy 0 1 2 3 4
- 4. Functional capacity evaluation 0 1 2 3 4
- 5. Geriatrics 0 1 2 3 4
- 6. Inservice education 0 1 2 3 4
- 7. Wheelchair/equipment assessment 0 1 2 3 4
- 8. Work capacity evaluation 0 1 2 3 4



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### **Computerized Testing**

- |                              |   |   |   |   |   |
|------------------------------|---|---|---|---|---|
| 1. Fatigue – characteristics | 0 | 1 | 2 | 3 | 4 |
| 2. Fiber – type              | 0 | 1 | 2 | 3 | 4 |
| 3. Functional strength       | 0 | 1 | 2 | 3 | 4 |
| 4. Net muscular torque       | 0 | 1 | 2 | 3 | 4 |
| 5. ROM                       | 0 | 1 | 2 | 3 | 4 |
| 6. Work – capacity           | 0 | 1 | 2 | 3 | 4 |

### **AGE SPECIFIC PRACTICE CRITERIA**

Please circle the age groups below for each area in which you have expertise.

Newborn/Neonate (birth – 30 days)

Infant (30 days – 1 year)

Toddler (1 – 3 years)

Preschooler (3 – 5 years)

School age Children (5 – 12 years)

Adolescents (12 – 18 years)

Young adults (18 – 39 years)

Middle adults (39 – 64)

Older adults (64+)